

INVITATION TO KENDO SEMINAR

Please read carefully and secure your participation early.

The Finnish Kendo Association and Ki-Ken-Tai-Icchi club in cooperation are proud to present:

Most likely the 15th

HELSINKI AUTUMN KENDO SEMINAR 30.Oct - 1.Nov 2009

The highlight of the kendo year in the North!

This year the main teacher of this yearly seminar will be SAKAI sensei who was the AJKF coach in Finland in 2005. With him he brings two students from his University.

The seminar is open for all kendokas regardless of the level.

Friday's training is also open and free of charge for all beginners.

Grading will be arranged from 1.kyu to 4.dan.

TEACHERS AND GUESTS

Dr. Toshinobu SAKAI, kendo kyoshi 7.dan, Tsukuba University, Japan

Mr. Mats WAHLQVIST, kendo renshi 7. dan, Ruotsi

Mr. Ryutaro KAMEMOTO, kendo renshi 7.dan, Itävalta

Mr. Mikko SALONEN, renshi 6.dan, Suomi

Mr. Markus FREY, renshi 6.dan, Suomi

Mr. Kari JÄÄSKELÄINEN, 6.dan, Suomi

Mr. Makoto IGAGAMI, kendo 4.dan, Tsukuba University Grad student, Japan

Mr. Yoshitaka KARUKOME, kendo 4.dan, Tsukuba University Grad student, Japan

SEMINAR PROGRAM 30.Oct – 1.Nov2009

Changes are possible

Friday 30.Oct

18:00 Seminar opening

18:00 - 19:00 Jigeiko, for beginners uchikomi-keiko

19:00 – 20:00 Registration

Saturday 31.Oct

09.00 -12.00 Training

12.00 - 13.00 Lunch

13.00 - 15.00 Training

15.30 - 17.00 Grading

18:00 - Sauna & buffet dinner

Sunday 1.Nov

09.00 - 12.00 Training

12.00 - 12.30 Break

12.30 - 13.30 Jigeiko and Seminar closing

VENUE

All trainings (Fri-Sun) will be held at the same venue.

Herttoniemenrannan liikuntahalli (Herttoniemenranta Sport Hall)

Address: Petter Wetterin tie 5, 00810 Helsinki

Map: <http://www.hel.fi/palvelukartta/?l=1&id=7848>

On foot 500m from the Helsinki Central Railway Station

SEMINAR FEES

The whole seminar (Fri-Sun): 50e (only 20e for EKC2008 volunteers)

Single days: Fri 10e, Sat 30e, Sun 20e

Dojo Accommodation at the Chikara dojo: 5e/night

Saturday night Dinner: 21e

Saturday night sauna: 7e

REGISTRATION: by **Sun 25.Oct** the latest

Please register through the [internet form](#) found at the Ki-Ken-Tai-Icchi club's homepage.

(www.kendohelsinki.org/?sivu=helsinki_ilmo_en)

If you have difficulties, please send e-mail to ilmoittautuminen.kkti@gmail.com

PAYMENTS

When registering, you will receive a confirmation and invoice by return e-mail. By paying the invoice you will confirm your participation.

Dead line for payments: 28th Oct 2009 (payment must be visible on the club account)

The sum will include your seminar fee + reserved dinner + reserved accommodation + sauna

Participants from abroad can pay in cash on the spot.

NB: Grading payments will be paid separately in cash on the spot according to FKA grading fees.

PLEASE NOTE:

The number of participants to this seminar is limited. The seminar will very likely be fully booked. It is well advised to register and pay well in advance. Only by paying will you confirm your participation.

LUNCHES

There are no lunches organised. It is suggested that you bring your lunch with you. There is for example a hamburger restaurant near by form the venue.

SATURDAY NIGHT

On Saturday night there is a buffet dinner and sauna arranged close to the city centre starting at 18.00.

Venue: 24Basement, Address: Unioninkatu 24, HP: www.24basement.com

Buffet dinner: 21e/person, (incl. bread, feta salad, and lasagne)

Sauna: 7e/person

Everyone can come to the party even if you do not eat the dinner or go to the sauna. There are affordable refreshments sold and own drinks are also allowed.

ACCOMODATION

Dojo accommodation is again arranged at the traditional Chikara judo dojo.

Address: Sturenkatu 25, Helsinki

Map: <http://www.chikara.fi/yhteystiedot/>

Please bring your own sleeping bags and mattresses and breakfast. Coffee and tea are included.

Cost: 5e/person/night

CANCELLATIONS

Free of charge until 26th Oct. After that half of the seminar fee and booked dinner will be charged.

If need be, please make any cancellations as soon as you can to avoid any unnecessary trouble to other participants and the seminar organization.

You are warmly welcome!

INQUIRIES

Heini Inkinen

Chairperson

Ki-Ken-Tai-Icchi club

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